

# Sacred Space

3rd to 9th May 2020



St Nicholas Catholic High School

# Sunday Gospel John 10:1-10



Jesus said:

'I tell you most solemnly, anyone who does not enter the sheepfold through the gate, but gets in some other way is a thief and a brigand. The one who enters through the gate is the shepherd of the flock; the gatekeeper lets him in, the sheep hear his voice, one by one he calls his own sheep and leads them out. When he has brought out his flock, he goes ahead of them, and the sheep follow because they know his voice. They never follow a stranger but run away from him: they do not recognise the voice of strangers.'

Jesus told them this parable but they failed to understand what he meant by telling it to them.

So Jesus spoke to them again:

'I tell you most solemnly,

I am the gate of the sheepfold.

All others who have come are thieves and brigands;

but the sheep took no notice of them.

I am the gate.

Anyone who enters through me will be safe:

he will go freely in and out and be sure of finding pasture.

The thief comes only to steal and kill and destroy.

I have come so that they may have life and have it to the full.'

# Sunday Space



*This Sunday's gospel show's Jesus reassuring his friends that he will always honour his responsibility to love and care for them.*

*It may seem strange for him to use the image of a shepherd and a sheep but we can probably all identify with the idea of taking care of our pets. We know how quickly they become part of the family and we take on the responsibility of taking care of them - not just their basic needs but their comfort and enjoyment too. We just know that other people wouldn't take care of them like we do. So the Gospel reminds us how much Jesus wants the best for us and that he is with us in every moment of our life.*

There is a workbook on the Gospel attached – some of it may be a little young for you but maybe to share with siblings or the family.

There is also a May Kindness Challenge, an information sheet on worries around what is happening at the moment and rather a large booklet on beating the boredom in case the rain keeps up.

I am praying for you every day and hope that you and your family are well. If you have any prayers you would like me to say for you, or if you would like a chat - please email me. [M.gelling@st-Nicholas.Cheshire.sch.uk](mailto:M.gelling@st-Nicholas.Cheshire.sch.uk)

God Bless, Mairie

**If you are printing the pages from the booklets remember to choose 'current page' only.**

# Mindful Monday

4<sup>th</sup> May 2020



At the start of the week, we begin with a sense of knowing that where we are is maybe not where we are meant to be.

*Come Lord,  
Change our lives, shatter our complacency.  
Take away the quietness of a clear conscience.  
Press us uncomfortably,  
For only thus that other peace is made,  
your peace.  
Amen*

*Helder Camara*

*B*

Today is the Feast day of the English Martyrs. St Margaret Ward, one of our patrons, is one of the English Martyrs, sacrificing her life for the freedom of another.

## St Margaret Ward

We can celebrate again the 100<sup>th</sup> birthday of Captain Tom Moore (now a Colonel) and all he has done to inspire us

## You'll never walk alone

Here is a meditation on how the gospel for today's feast day may have meaning for us.

<https://pray-as-you-go.org/player/prayer/2020-05-04>

# Thankful Tuesday

5<sup>th</sup> May 2020



We often think about what we want.  
We rarely think about what we  
already have.  
We are surrounded by good fortune.  
Take a moment to count your  
blessings.

*Loving God*

*Help me to walk in the boots of the  
worker*

*The shoes of the trader*

*The slippers of the housebound*

*And the sandals of Jesus the Master*

*Amen*

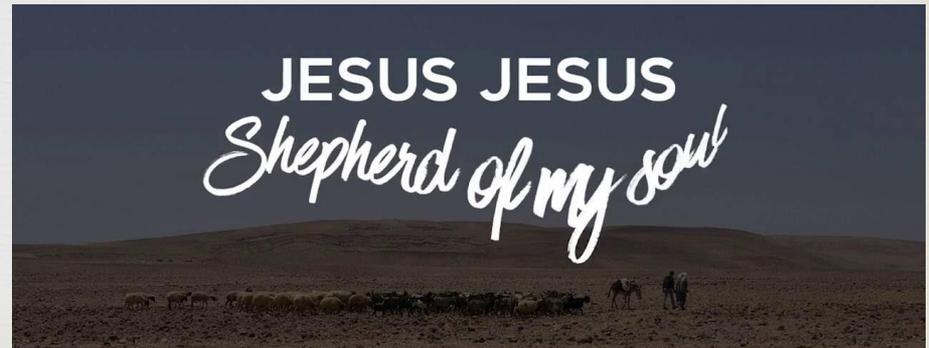
*Native American*

‘The sheep that belong to me listen to  
my voice; I know them and they follow  
me.

I give them eternal life; they will never  
be lost’ John 10

This is such a lovely, mindful prayer  
song – take five minutes to watch and  
listen –

[Shepherd of my soul](#)



# Wonder Wednesday

6<sup>th</sup> May 2020



Midweek can seem mundane -  
'In the middle' can leave you neither here  
or there.

It's good to take a moment and pay  
attention to the small but important  
something that may be in front of our  
eyes.

*Breath of God,  
moving through the heart of creation,  
let me see the glory which surrounds me;  
Word of God, vibrant in every movement,  
open my mind to the mystery of your presence;  
Spirit of God, source of transformation and  
life,  
make me one of the people of Light.  
Amen*

Jesus says 'Whoever believes in me believes  
not in me but in the one who sent me, and  
whoever sees me, sees the one who sent  
me.

I, the light, have come into the world, so  
that whoever believes in me need not stay  
in the dark any more.' John 12

Take a minute today to think about your  
mood. Are you finding 'wonder'?

Rend Collective (My Lighthouse) have a  
kids collective called Rend Co Kids -

Jesus is not only our light - he is our 'Fun'

[Rend Co Kids - Fun](#)

LIGHT OF THE WORLD

# Thoughtful Thursday

7<sup>th</sup> May 2020



Thursday already. Where does the time go? Maybe time to focus on where the week is going? Anything that needs to change?

*Eat and drink together:*

*Talk and laugh together:*

*Enjoy life together:*

*But never call it friendship*

*Until you have wept together.*

*African saying*

Jesus says 'I tell you most solemnly, whoever welcomes the one I send welcomes me, and whoever welcomes me welcomes the one who sent me.'

*John 13*

*When Jesus speaks solemnly, he expects what he says to sink in and to be lived out.*

*We may feel caught up in isolation and there is no one to 'welcome' but how we behave with our family is just as important as how we behave with our friends and strangers. Really try today to show kindness and understanding to those around you.*

*Kindness*

#ClapForOurCarers

**APPLAUD**

our **NHS** & frontline heroes

Join us at 8pm to say thank you



# Fabulous Friday

8<sup>th</sup> May 2020



There it is. Another week. How was it for you? Before the weekend, take a minute. Reflect back on your successes and your challenges.

*Loving God*

*I have often seen power corrupt others – leaders of armies, governments, organisations and even in my own family and friends – so when you see it happening to me can you give me a well aimed nudge?*

*Amen*

*Alex Gilmore*

Jesus says 'Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also.'

John 14

*This is one of the best known parts of the Gospel, especially for when people feel afraid or lost. Today we celebrate VE day, perhaps with a 'socially-distanced' picnic or garden party, and remember all those who worked towards the end of WWII and out of a time of fear. We join our prayers to theirs.*

*Our Father in Heaven*



**Do you Pray?**



**I loved this interpretation of Prayer. What is a prayer? Prayer doesn't just happen when we kneel or put our hands together and focus and expect things from God. Thinking positive and wishing good for others is a prayer. When you hug a friend. That's a prayer. When you cook something to nourish family and friends.**

**That's a prayer. When we send off our near and dear ones and say, 'drive safely' or 'be safe'. That's a prayer. When you are helping someone in need by giving your time and energy. You are praying. When you forgive someone by your heart. \*That is prayer. Prayer is a vibration. A feeling.**

**A thought. Prayer is the voice of love, friendship, genuine relationships. Prayer is an expression of your silent being.**

**\*Keep praying always\***

THE  
GOD  
WHO  
SPEAKS

# Simply Saturday

9<sup>th</sup> May 2020

*We pray today for all those affected by the Pandemic.  
And add our own intentions to the prayers of the world.  
Amen*